

# COMFORT ZONE

NEWSLETTER FOR PITTENDREICH CARE HOME

APRIL 2019



## Welcome.

Hello, and welcome to April's Newsletter, the second version of Comfort Zone.

## A wee catchup with the manager

My,,,,, what a busy couple of months we have had here at Pittendreich with lots of changes. Our refurbishment of soft furnishings is ongoing with new curtains and bedding now due for fitting end of April. We all look forward to these being fitted. We are just waiting on delivery of new blinds for our lounges and dining room.

We have new staff members and residents since the last newsletter and are named later.

In April 2019, we took part in the Care Inspectorate Inspection. I am very proud and pleased to say that our grades were increased in all areas. As soon as the report is available, I will make it available to you all. A huge congratulations to everyone who has worked very hard, I thank each and every one of you.

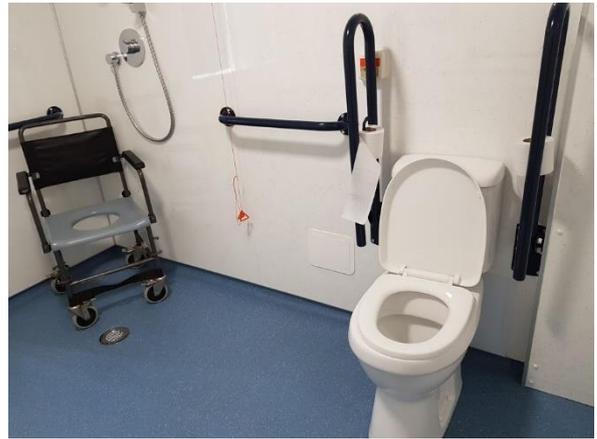
Thanks  
Susan.

## BATHROOMS

The ground floor bathroom to the rear of the building has now been completed, and I have to say the result is beautiful.

It has now been transformed into a wet room which has also been fitted with a proper hair washing sink to ease the job of keeping our residents beautiful.

If you haven't seen it yet, I suggest you go through and cast an eye on it.

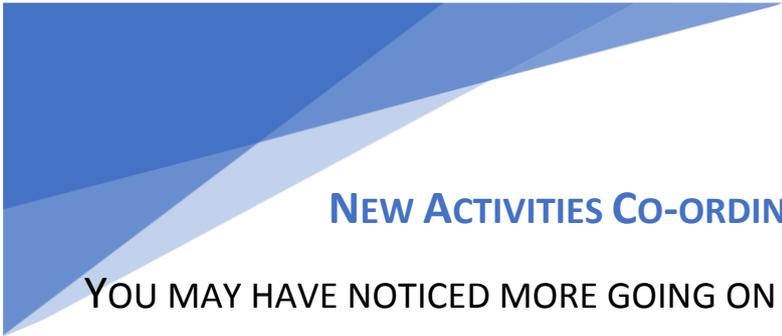


## COMMUNAL AREAS

### **Visitors book**

Can you please make sure you sign the visitors book each time you enter the Carehome. You will also be required to enter the time you depart.

This is for fire regulations and health and safety. If anything was to happen, we need to know exactly who is in the home. Thank you.

A decorative graphic in the top left corner consisting of several overlapping blue triangles of varying shades, creating a dynamic, abstract shape.

## **NEW ACTIVITIES CO-ORDINATOR**

YOU MAY HAVE NOTICED MORE GOING ON WITH OUR RESIDENTS.

THIS IS BECAUSE WE HAVE A NEW MEMBER OF STAFF WHO IS CALLED LAURA. SHE HAS ALREADY MADE A SOME REAL CHANGES INCLUDING OUTDOOR TRIPS TO LOCAL SHOPS AND PLACES OF INTEREST.

PLEASE WELCOME HER AND OFFER HER SOME HELP IF YOU LIKE.

## Elaine Watson

**Born 6<sup>th</sup> September 1933**

My mum and our Gran Elaine Watson was born at home which was the fire station at Stockbridge, Edinburgh where her father worked as a fireman. Elaine went to college and studied shorthand and typing. At 18 Elaine met and subsequently married my dad Ian (who sadly passed away a few years ago). She went on to have myself, Carol her daughter and now has two granddaughters Claire and Aimee.

Elaine went to work at Ferranti's in Dalkeith as a PA to the managing director. Elaine's hobby before she had dementia was knitting, she was extremely good at making up very intricate and beautiful clothes for her two granddaughters when they were young. She also loved dressmaking and was a great cook, making chocolate truffles and her tablet was to die for. My mum still has a great desire for chocolate and loves nothing more than a giant bar of the Cadbury dairy milk and chocolates when we visit. She could also speak fairly good French which came in handy when we went to France on holiday. When she and my Dad retired they loved travelling all over the north of Scotland doing all the coach tours mostly going on the Cal Mac ferry to the Hebridean Islands.



### ALL ABOUT ME

At the relatives meeting in March, one of the ideas that was put forward was to have a page in every edition of Comfort Zone where a relative can describe what their family member did during their life.

This first

“All about me” is from Carol Cameron and she talks about her mother,

Elaine Watson.

Thanks Carol.

## A PERSONAL MESSAGE

AFTER FOUR AND A HALF YEARS IN RESIDENCE AT PITTENDREICH, MY FATHER TAM RAEBURN PEACEFULLY PASSED AWAY ON APRIL 12<sup>TH</sup>.  
I WOULD LIKE TO THANK THE STAFF FOR THE LOVING CARE THEY GAVE TO DAD AND THE FAMILY, ESPECIALLY NEARER TO THE TIME HE PASSED.  
EVEN NOW, THE SUPPORT IS SECOND TO NONE. IT IS VERY MUCH APPRECIATED. THANKS AGAIN.

## STAFFING

Susan has been employing new staff members and it is noticeable that numbers have risen.

We would like to welcome the following staff to the home, and hope they enjoy their time here with us.

### **Activities Co-ordinator:**

laura

### **Care assistants:**

Peta, Maddison, Cheryl and Kirsty.

**Domestic Assistant:** Tracy.

We welcome them all and hope they enjoy their time with us.

## STAFF QUALIFICATIONS

Recently we have had staff members being promoted and achieving qualifications.

Huge congratulations got to

Eleanor Alderton who has achieved her SVQ3 in Social services and Healthcare.

Lyndsay Steadman has achieved Carehome Advanced Practitioner.

Fantastic achievements by them both.

## New Residents

We welcome two new residents to Pittendreich.

Eleanor Ramsay and Christina Craft.

We welcome them both and their relatives to our Carehome.

## Recent goodbyes

It is with a heavy heart that we have to say goodbye to 2 of our residents who sadly passed away recently.

They are Brian Fairgrieve and Thomas Raeburn (Tam).

They will be sorely missed and may they rest in peace.

## Events

On the 17<sup>th</sup> April, the Carehome invited Stevie Quinn to entertain us all. He was brilliant and was well received and a lot of singing and dancing was done, even I was roped in with a dance with birthday girl Margaret. Stevie sings and plays the guitar and played all types of music to suit all. We hope he is back soon.





ENTERTAINER STEVIE QUINN

### ***FUTURE EVENTS FOR YOUR DIARY***

17<sup>th</sup> April Entertainer STEVIE QUINN 2pm

10<sup>TH</sup> May Entertainer MARGO FALCONER 2pm

21<sup>st</sup> May The local Brownies will be attending and are planning an Olympics night

We hope you can come along and join in.

## RELATIVES MEETINGS

The next relatives meeting is on Wednesday 13<sup>th</sup> May at 6.30pm.

Please try your best to attend, as the more people taking part means that more ideas are put forward. It is also a fantastic way to meet other relatives who you might miss because they visit at different times to yourself. There will be free hot and cold drinks and snacks provided along with fun and hilarity.

If anyone has any recently read magazines at home, could you possibly bring them in and leave them in the magazine rack in the front hall. Anything interesting like women's magazines, car magazines etc. Similar to the ones you see in Dentists and Doctors waiting rooms would be great. Thanks.

## AND FINALLY

Finally it just remains for me to say thank you for taking the time to read the second newsletter produced by myself, and if you do happen to have some ideas or criticism

## [SIDEBAR TITLE]

[Sidebars are great for calling out important points from your text or adding additional info for quick reference, such as a schedule.

They are typically placed on the left, right, top or bottom of the page. But you can easily drag them to any position you prefer.

When you're ready to add your content, just [click here](#) and start typing.]

## BIRTHDAYS OVER THE PAST TWO MONTHS

### RESIDENTS

MARCH: MARGARET YOUNG 1<sup>ST</sup>, GEORGE HUNTER 2<sup>ND</sup>, TAM RAEBURN 19<sup>TH</sup>.  
APRIL: MARGARET ARTHUR 17<sup>TH</sup>.

### STAFF

MARCH: AMANDA KEAN 15<sup>TH</sup>, ELEANOR ALDERTON 21<sup>ST</sup>, JANINE ROSS 22<sup>ND</sup>.  
APRIL: ANDEW INNES 2<sup>ND</sup>.

MANY HAPPY RETURNS TO YOU ALL, WE HOPE YOU HAD A GREAT DAY.

## Relatives meeting

On Wednesday 13<sup>th</sup> March we held our relatives meeting, and on behalf of Susan and myself, can I thank everyone who attended as this one was attended by the most relatives we have seen in a long time. We were introduced to the newer relatives and everyone got on very well. Some great ideas were put forward for fund raising. We also met Laura, who is now our new activities organiser.

Hopefully the meetings will continue to be well attended so everyone can get to know each other and help to move the Carehome forward for the best. Please make sure Susan has your email address so you can receive the minutes from each meeting. The next meeting is May 13<sup>th</sup> at 6.30pm.