



ST PHILIP'S CARE SAMPLE MENU

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BREAKFAST 	<p>Choice from the Following</p> <p>Fruit Juice Selection of cereals or porridge. Full English Breakfast or Poached, Boiled or Scrambled Eggs. Toast with Jam/Marmalade. Tea/Coffee</p>						
LUNCH 	Shepherd's Pie or Sausage Casserole Seasonal Vegetables Cheesecake	Gammon, Pineapple, Egg & Chips or Cheese & Ham Omelette Peas/Salad Lemon Sponge with Cream/Custard or Ice-cream	Roast Chicken Dinner or Steamed Fish with Parsley Sauce Creamed Potatoes Seasonal Vegetables Rice Pudding	Meat & Potato Pie or Cauliflower Cheese Seasonal Vegetables Apple Crumble with Cream/Custard or Ice-cream	Cod in Batter & Chips or Chicken Breast Creamed Potato & Garden Peas Chocolate Sponge with Cream/Custard or Ice-cream	Lamb Casserole or Corned Beef Hash Seasonal Vegetables Fresh Fruit Cocktail	Roast Beef or Salmon Yorkshire Pudding Roast & Creamed Potatoes Seasonal Vegetables Horseradish Sauce & Gravy Fruit Pie & Custard
MID-AFTERNOON	<p>Tea or Coffee with a selection of Home baked cakes & biscuits</p>						
TEA 	Homemade Vegetable Soup Selection of Sandwiches Homemade Cake	Quiche & Salad or Jacket Potato with Tuna, Cheese or Baked Beans Homemade Cake	Bacon, Tomatoes on Toast or Potato & Leek Soup Homemade Cake	Pasta Bake Selection of Sandwiches Homemade Cake	Cornish Pasties or Poached Eggs on Toast Homemade Cake	Carrot & Coriander Soup or Mushroom/Ham/Cheese/Tomato Omelette Homemade Cake	Buffet Chocolate Gateaux
SUPPER	<p>Cheese & Biscuits Selection of Milky Drinks offered ie Horlicks, Ovaltine, Hot Chocolate or Tea</p>						